

**COMMANDO[®]
JOE'S**

Realising your potential

Character Skills

For learning - For Leading - For Liberty- For Life

www.commandojoes.co.uk

Working in partnership with

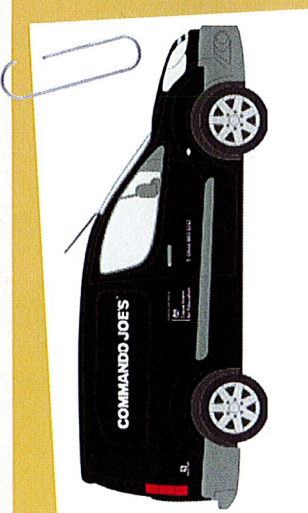


Department
for Education

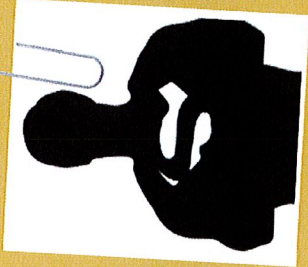


Swansea University
Prifysgol Abertawe

Our Journey... Commando Joe's



Founded 2009



70 Highly Trained
Instructors



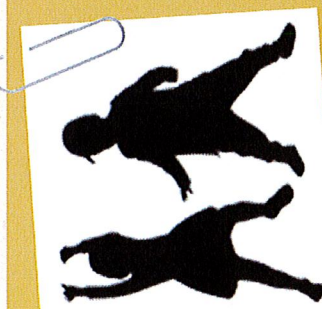
Partnership Since 2011



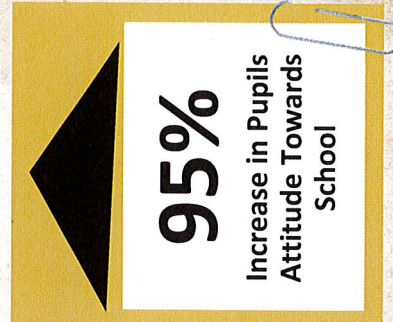
350
Schools



Independent Research



275K
Supported Pupils



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TOP SECRET

Character Education to Inspire



Package 1

COMMANDO LED



Package 2

SCHOOL LED

Find out which
package is right
for your school



sky NEWS HD FTSE 6108.78



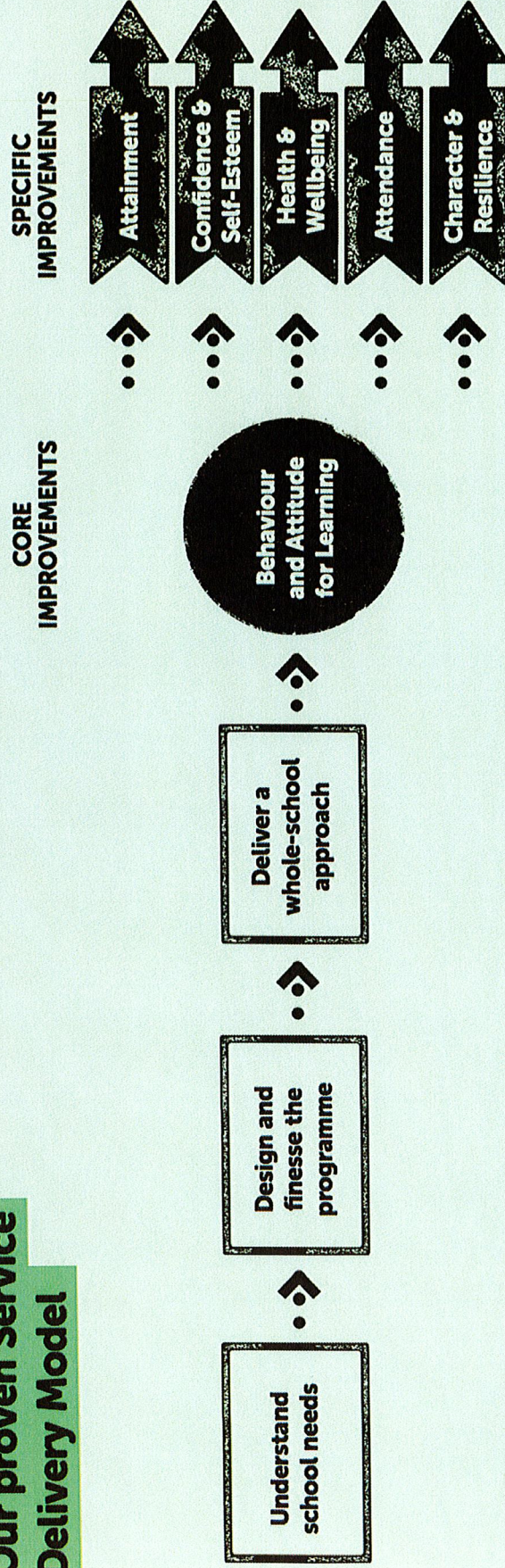
08:15 TO THE CLOSURE OF 200 ARGOS STORES

BREAKING NEWS

THE CO-OPERATIVE BANK HAS REVEALED THAT IT MADE A

Impact. The Programme

Our proven Service Delivery Model

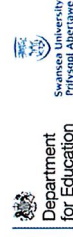


Helping children discover strength of character



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Prifysgol Abertawe

Framework for All

Support
whole school

Jubilee Centre
Research

Outstanding
Lessons

Outstanding research to support a school's ethos

COJO RESPECT Core Characters	CoJo RESPECT Character Curriculum Behaviour traits
R esilience	Determined; self controlled; persistent; courageous; diligent; perseveres
E mpathy	Just (fair); compassionate (forgiveness); kind; courteous; unselfishness
S elf Aware	Self confident; self-disciplined; honest; humorous; humility; adaptability
P assion	Gratitude; motivated; positive attitude; inspires; will power
E xcellence	Creative; curious; inquires; pride; critical thinking
C ommunication	Listens: influences; feedback; reflective; evaluative; presence
T eamwork	Cooperates; responsible; cares; decision makes; helpful; unity



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Impact. The Programme



Instructor led programme

- Assertive mentoring;
- Extra curricular/unstructured time support;
- Breakfast clubs/lunchtime clubs/after school clubs;
- Guided reading;
- Team building programme;
- Leadership programme;
- Communication programme;
- Parental/community programme;
- Staff team building and health and wellbeing;
- Character education curriculum.

- * CJ box will be discounted in year 2 if the school follows on with the school led model;
- * Character box remains the property of Commando Joe's;
- * CJ instructor delivers.

Helping children discover strength of character



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EYFS Programme

RESPECT Core Character Trait	RESPECT Character Behaviour Traits
R Romco Resilience	Determined; self controlled; persistent; courageous; diligent; perseveres
E Ebbie Empathy	Just (fair); compassionate (forgiveness) kind; courteous; unselfishness
S Sophie Self-Awareness	Self confident; self-disciplined; honest; humorous; humility; adaptability
P Parveen Positivity	Gratitude; motivated; positive attitude; inspires; willpower; passionate about learning
E Elliott Excellence	Creative; curious; inquires; pride; critical thinking;
C Charlie Communication	Listens; influences; feedback; reflective; evaluative; presence
T Tanisha Teamwork	Cooperates; responsible; cares; decision makes; helpful; unity; patient

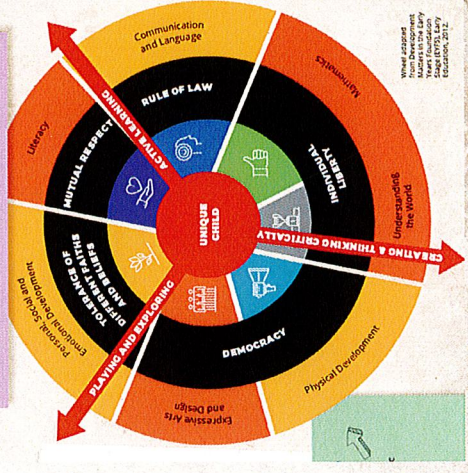
Creating the right environment for children to develop positive character behaviours (traits) will enable them to respond well to challenges they may face throughout life, both inside and outside school.

The series of missions have been carefully written to teach children about the character behaviour traits, which have been divided into 7 categories central to the RESPECT curriculum, shown in the table.

How each setting chooses to work their way through the series of missions is individual to their needs. Character is not a 'one size fits all' concept as it is a combination of behaviour traits that sets each person apart.



The programme will provide a great foundation on which all children will be able to build their own character and make great choices for life - inside and outside school.



Helping children discover strength of character



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Working in partnership with
Department for Education



LEAVE

NO CHILD

BEHIND

Character Education
to inspire:

- ✓ **EVERY LEARNER**
- ✓ **EVERY TEACHER**
- ✓ **EVERY SCHOOL**

Benefits of CJ's

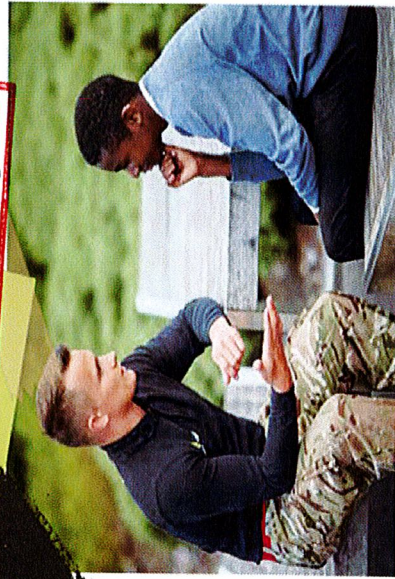
- Improved behaviour and attitudes to learning
- Improved attendance and punctuality
- Embedding Character Education and British Values
- Bespoke programme tailored to the individual needs of the school
- Impact reporting and online tracking
- Full Character Curriculum EYFS, KS1, KS2
- Engage target groups – e.g. helping previously disengaged children to achieve their potential
- Whole school approach

- Equipment and resources
- Online video hooks
- Endorsed by Sir Ran Fienness, Steve Backshall, Ed Stafford
- Online portal including homework sheets, over 250 suggested lessons
- Teacher and TA training to ensure sustainability



Curriculum developed in partnership with the Wise Owl Trust

CLASSIFIED



YEAR 6

TOPIC CHARACTERS



Nancy Wake
"The White Mouse"



Amelia Earhart
"Final Flight"



Ibn Battuta
"Eastern Odyssey"

YEAR 5

TOPIC CHARACTERS



Tim Peake
"Blast Off"



Ranulph Fiennes
"Transglobe Adventures"



Spartacus
"Romans Revolt"



YEAR 4

TOPIC CHARACTERS



Bear Grylls
"Survival"



Kira Salak
"Gorilla in the Mist"



Leif Erikson
"Voyage of Discovery"

YEAR 3

TOPIC CHARACTERS



Ed Stafford
"Walking the Amazon"



Earnest Shackleton
"Endurance"



Nellie Bly
"Around the World in 72 Days"



YEAR 2

TOPIC CHARACTERS



Samuel Pepys
"London's Burning"



Pocahontas
"Trouble in the Tide"



The Queen
"The Longest Reign"

YEAR 1

TOPIC CHARACTERS



Simba & Me
"Circle of Life"



Traditional Tales
"Once Upon a Time"



Steve Backshall
"A Walk on the Wild Side"



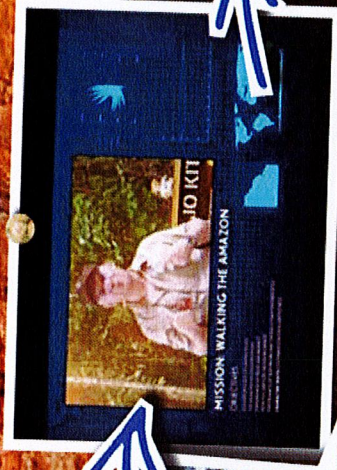
Early Years

- B** Resilience
- E** Empathy
- S** Self-awareness
- P** Positivity
- E** Excellence
- C** Communication
- T** Teamwork

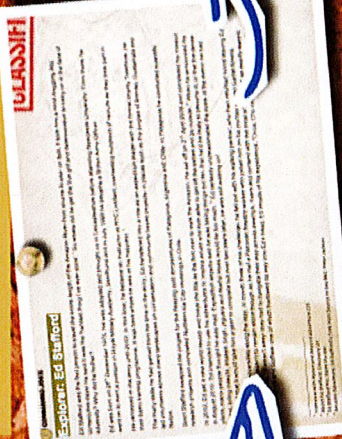
EXPLORER ED STAFFORD WELCOME



VIDEO BRIEF



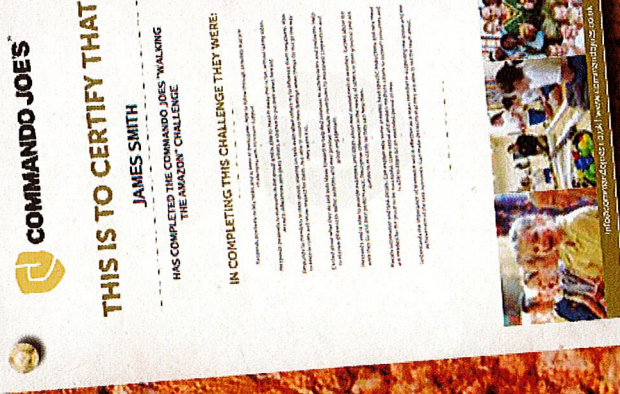
EXPLORER BIO



MISSION OVERVIEW



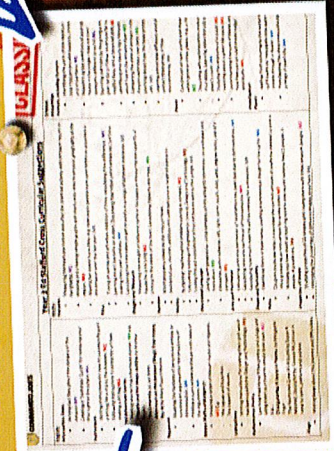
CERTIFICATE



MISSION PLAN



CROSS CURRICULUM



VIDEO DEBRIEF



COMMANDO JOE'S®

Mission 1: 'Your body is just as important as your mind'

CLASSIFIED



TASK MISSION:

To undertake fitness training in preparation for the mission ahead.

BRIEF:

Trekking across the Amazon Rainforest is physically and mentally demanding. If explorers are serious about undertaking this mission then fitness is vital. Today, teams will train their body, ready for the adventure to begin!

SUGGESTED OUTCOMES:

- The importance of having rules
- The qualities of a good friend
- Importance of trust and respect
- How to care for the environment
- Importance of teamwork and taking a team member role

BY THE END OF THE TOPIC:

- Know others have needs and we can help
- Think in different ways
- Be able to apply strategies to resolve differences and cooperate
- Understand places and environment need to be cared for

Resources:

COJO Box and water.

ACTION PLAN!

Fitness is crucial in order to undertake this mission!

The team are at the Amazon Bootcamp today. Before starting each team member will measure their heart rate (this date will be used in science and maths lessons).

A training circuit will be set up in the activity space. Ensure the layout is safe!

Teams to nominate a team leader to record changes in heart rates for each activity.

ACTIVE DUTY!

To take on this mission everyone needs to be healthy and fit, walking 4000 miles is no easy feat. Today teams will start their training, completing activities that challenge their fitness, agility and balance.

The circuit could include core body preparation exercises such as sit-ups, lunges, squats and sprints. Teams will then complete a number of obstacle activities that include: tyre run and ladder relays.

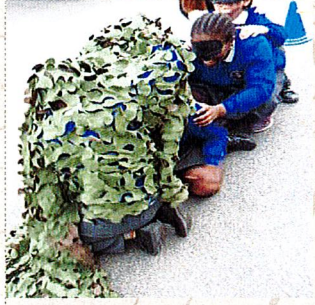
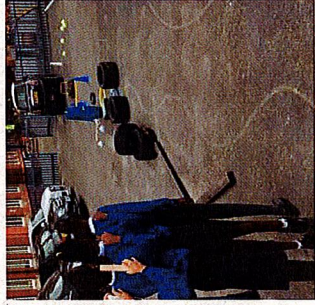
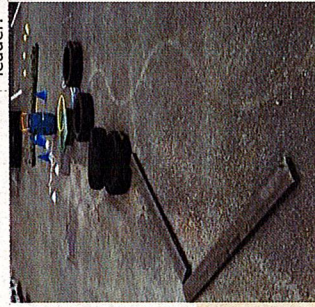
Each circuit activity will be timed and team members must take note of their heartbeat following each one. This will be recorded by their group leader.

MISSION ACCOMPLISHED!

Team discussion and de-brief, to include – identifying how 'ready' is their team for the walk?

Why is body fitness and teamwork important for this mission?

Heart rate data is collated and presented in an organised way.



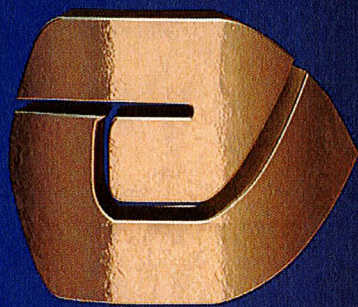
CHALLENGE:

➤ Increase the intensity of the exercise by increasing distance, number of obstacles

SUPPORT:

➤ Decrease the distance to travel





COMMANDO JOE'S

OFSTED Framework Sept 19

QUALITY OF EDUCATION (Curriculum)	BEHAVIOUR AND ATTITUDES	PERSONAL DEVELOPMENT	LEADERSHIP AND MANAGEMENT
★ Challenge ★ Application of basic skills ★ Immersion of Learning ★ Intent / Implementation / Impact ★ Sequential Learning ★ Vocational opportunity ★ Cultural Capital	★ Attendance ★ Attitudes to Learning ★ Bullying ★ Teamwork ★ Communication ★ Non-structured times ★ Self-control ★ Self-efficacy ★ Meta Cognition	★ British Values (Human Values) ★ Tolerance of Others ★ Character ★ Develop Mentally Healthy ★ Extra-Curricular activities ★ Ambition / Self-Worth ★ Physical Health	★ CPD for staff ★ Engagement of the Whole school ★ Community Engagement ★ Ethos and Vision

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PACKAGE PRICING

	★ BRONZE PACKAGE + On-line resources only	★★ SILVER PACKAGE + On-line resources + Box	★★★ GOLD PACKAGE + On-line resources + Box + Launch bespoke training day	★★★★ PLATINUM PACKAGE + On-line resources + Box + Launch bespoke training day + ANNUAL bespoke CJ day
Digital online programme to be downloaded - No limit on amount of downloads	✓	✓	✓	✓
Hard copy of programme resource pack FOC - Additional copies £150	✓	✓	✓	✓
Online digital training with assessment and certificates for staff - Can be done when is convenient for the school, and repeated throughout course of the programme	✓	✓	✓	✓
Access to new programmes	✓	✓	✓	✓
CoJo box with all the resources required to deliver the programme	✗	✓	✓	✓
2 free places on annual Character Conference - Hear from renowned inspirational speakers - CPD for your staff - Sharing of good practice - Ofsted latest updates on Character Education	✗	✓	✓	✓
Regular digital updates to existing programmes	✗	✓	✓	✓
Bespoke training day on school site - Whole school up to 100 staff - Twilight session available - Inset days available (high demand)	✗	✗	✓	✓
Further annual training day at your school	✗	✗	✗	✓
Annual invoice amount	£995	£1,475	£1,750	£2,250
Cost of 4 year programme	£3,980	£5,900	£7,000	£9,000