|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Course no** | **Mode** | **Day and Time** | **Lead Trainer** | **Session 1** | **Trainer** | **Session 2** | **Trainer** | **Target numbers** | **Prep work out** | **Prep work back** | **Evaluation return** |
| **L77F** | F-F Leadership | Tues pm  2-3.30 | Sandra | 9 Jan | Lisa | 16 Jan | Lisa | 12 - 15 |  |  |  |
| **L78Z** | Zoom Leadership | Wed am  10-11.30 | Jill | 10 Jan | Lisa | 17 Jan | Gaye | 12-15 |  |  |  |
| **L79F** | F-F Leadership | Thu am  10-11.30 | Sandra | 11 Jan | Lisa | 18 Jan | Lisa | 12 - 15 |  |  |  |
| **RADA**  **16** | Raising Awareness of Domestic Abuse | Tue am  10-12noon | Sandra | 23 Jan | Michael | N/A | N/A | 12 - 15 |  |  |  |
| **L80P** | PTO  Cuthbert House | Tue pm  1pm-4pm | Lisa | 23 Jan | Michael | N/A | N/A | 12-15 |  |  |  |
| **L81F** | F-F Leadership | Mon am  10-11.30am | Sandra | 29 Jan | Lisa | 5 Feb | Lisa | 12 –15 |  |  |  |
| **L82Z** | Zoom Leadership | Wed am  10-11.30 | Sandra | 31 Jan | Lisa | 7 Feb | Lisa | 12 - 15 |  |  |  |
| **L83Z** | Zoom Leadership | Thu eve  7-8.30pm | Jill | 8 Feb | Beth | 15 Feb | Beth | 12-15 |  |  |  |
| **L84F** | F-F Leadership | Mon am  10-11.30am | Sandra | 12 Feb | Michael | 19 Feb | Michael | 12 - 15 |  |  |  |
| **L85P** | PTO  Cuthbert House | Fri pm  1-4pm | Sandra | 16 Feb | Lisa | N/A | Lisa | 12 -15 |  |  |  |
| **L86F** | F-F Leadership  Cuthbert House | Mon am  10-11.30 | Sandra | 26 Feb | Michael | 4 Mar | Michael | 12-15 |  |  |  |
| **L87Z** | Zoom Leadership | Wed am  10-11.30am | Sandra | 28 Feb | Lisa | 6 Mar | Lisa | 12 - 15 |  |  |  |
| **L88F** | F-F Leadership | Wed pm  2-3.30 | Sandra | 13 Mar | Jill | 20 Mar | Lisa | 12 - 15 |  |  |  |
| **SF2F** | Leadership | Sat am  10-11.30 | Sandra | 27 Apr | Lisa | 4 May | Lisa | 15 |  |  |  |
| **RADA 17** | F-F Domestic Abuse  Cuthbert House | Thu am  10-12 noon | Sandra | 21 Mar | Michael | N/A | N/A | 15 |  |  |  |
| **L89F** | F-F Leadership  Cuthbert House | Tue am  10-11.30am | Sandra | 9 April | Lisa | 16 April | Lisa | 12-15 |  |  |  |
| **L90Z** | Zoom Leadership | Tue eve  7-8.30 | Jill | 9 April | Gaye | 23 April | Gaye | 12-15 |  |  |  |
| **L91F** | F-F Leadership | Thu am  10-11.30am | Sandra | 11 April | Michael | 18 April | Michael | 12-15 |  |  |  |
| **L92P** | PTO  Cuthbert House | Mon am  10-1 | Lisa | 22 April | Michael | N/A | N/A | 12 |  |  |  |
| **RADA 18** | F-F Domestic Abuse  Cuthbert House | Mon pm  2-4 | Sandra | 22 April | Lisa | N/A | N/A | 20 |  |  |  |
| **L93F** | F-F Leadership  Cuthbert House | Thu am  10-11.30 | Sandra | 25 April | Beth | 2 May | Beth | 15 |  |  |  |

Please note that the Saturday face to face course takes place on Saturday 27th April and Saturday 4th May due to room availability.

There is a proposed team meeting on Wednesday 13th March 2024

There will be a team meeting on Friday 22nd March 2024 at 11.30am at Cuthbert House.